

Cellulite Vs Fat/Laxity

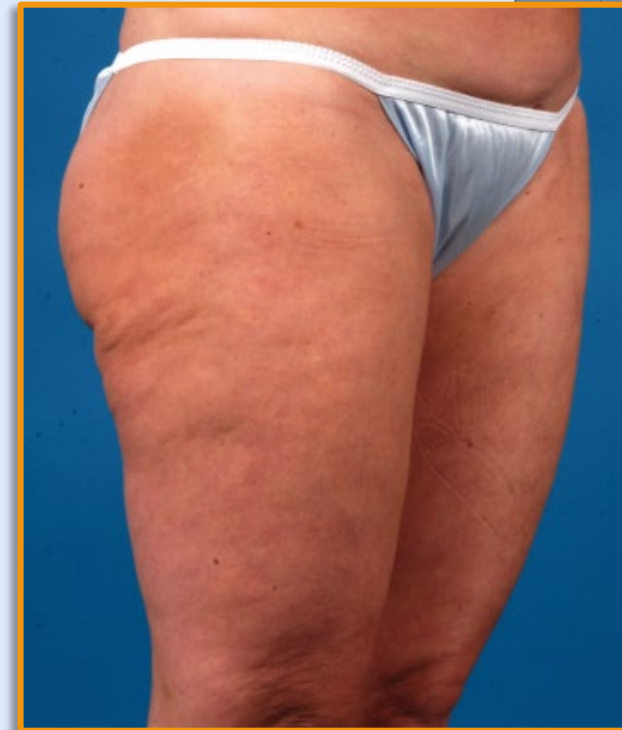


- Although subcutaneous fat is a component of cellulite, not all subcutaneous fat is cellulite¹
- **Treatment differs depending on whether condition is cellulite, skin laxity, or lipodystrophy¹**
 - Many treatments for subcutaneous fat (such as cryolipolysis) unlikely to reduce cellulite¹
 - Liposuction not recommended for cellulite, as it may increase skin dimpling^{2,3}
 - Cellulite adipose tissue is very close to skin surface³
 - Liposuction performed close to the skin surface can lead to more complications and a poor cosmetic outcome³

Cellulite Vs Fat/Laxity (continued)



- Patients often incorrectly describe any excess bulge of adipose tissue or area with tissue laxity as cellulite¹
- **Dimpling** represents tethering by fibrous septa²
- **Diffuse rippling** represents increased adiposity and/or increased skin laxity
 - These patients may benefit from lipolytic and skin-tightening modalities such as liposuction, cryolipolysis, fat transfer, off-label use of soft tissue fillers²



A 47-year-old woman with thigh and buttock laxity